

THE FRIGATE CAFÉ BREAKFAST MENU

SERVED UNTIL 12NOON:

Orange Juice or Apple Juice.....	£1.95
Porridge made with Water or Milk, Syrup or Salt.....	£2.80
Toast / Croissants & preserves...	£2.80
American style Pancakes & syrup.	£2.80
Breakfast Rolls (One filling).....	£2.50
Bacon, Free-range Eggs, Sausage or Black Pudding, Two Fillings.....	£2.70
Three Fillings.....	£2.90
The Frigate Cooked Breakfast: Including, Tea, Coffee & fresh Roll	£7.50
Bagel with Scrambled egg & Smoked Salmon.....	£6.95
Beans on Toast.....	£3.00
Mushroom Omelette.....	£5.00

FRESH HOME BAKING:

Fruit scone with jam & butter.....	£1.95
Fruit scone with jam & cream.....	£2.25
Toasted Teacakes.....	£1.70
Homemade cakes.....	£2.50
Seasonal Fruit Pie.....	£3.50
Fresh creamy cakes.....	£2.80
Tray bakes.....	£2.25

Add a scoop of ice-cream or cream

Add 85p

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